

Opening

Context Defines Ministry Dynamics

Team Dynamics

- a. Importance of a team

- b. Leader

- c. Intercessor/Scribe

Preparation

- a. Identifying candidates

- b. Dangers of unprepared candidates

- c. Don't take someone through a session...

Establishing Intercessors

i. Welcome and Overview of Ministry Session

1. Greet and maintain a welcoming atmosphere right from the start and throughout the session - ensure comfort and establish ability to take breaks, get a drink, etc. Leveling with people about being nervous.
2. **Ask attendees:** what are your goals for receiving ministry in this session?
3. **Foundations:** God wants you free and whole
 - a. Ps 147:3 says that the Lord “heals the brokenhearted and binds up their wounds.” Jesus said that he came “that you might have life and have it abundantly.” (Jn 10:10)
 - b. Impress upon attendee that God wants to free them and that he wants them to live a full life in the Holy Spirit.
4. **Progress not Perfection** - Inner healing is about progress, not perfection. You’re not going to be perfect after one session. Don’t be discouraged. We celebrate every progress.
5. **Context:** This is not counseling. The goal is not for *us* to bring freedom, but for the Lord himself to do it. It is not necessary for us to know in-depth history or all the details. If we need to know we will ask.
6. **Openness:** The level of freedom and inner healing received will be proportional to the level of openness to Jesus and your willingness to bring him into the dark and hurtful places so he can heal them.
7. **Agreement:** Before we pray, we want you to know exactly what we are going to do, why we are going to do it, and we need you to come into agreement with everything before we begin.

ii. Explain Five Key Ministry Areas

There are five areas we need to cover and make sure we have mutual understanding and agreement over before we proceed: forgiveness, lies, soul ties, freedom from evil spirits, and the role of hearing God’s voice in this process.

1. Forgiveness

- a. Paraphrase or read and unpack Matt 18:21-35 (The Parable of the Unforgiving Servant).
 - i. Unforgiveness to others puts us in prison where we are oppressed and tormented.
 - ii. The only way out of this prison is for us to forgive those who have wounded us.
 - iii. Forgiveness is a choice and not a feeling.
 - iv. When we go into areas where people have wounded us, it is essential that we choose to forgive..
 - v. All we’ll ask you to do is to say out loud: **in the name of Jesus, I choose to forgive ___ for ___.**
 - vi. It’s not your job to figure out who to forgive. Jesus will show you in prayer. You then respond.
 - vii. Seek Agreement

2. Lies and Truth

- a. In John 8:44 Jesus said that the devil is a “**liar and the father of all lies.**”
 - i. Principle: If you believe a lie, then you empower the liar.

- b. In John 8:32 Jesus said **“You will know the truth and the truth will set you free.”**
 - i. Principle: If you believe the truth, you empower the truth-giver.
- c. When we are wounded or experience traumatic events, one of the devil’s strategies is to get us to believe lies about ourselves or about God. If we come into agreement with these lies, then we give him access and influence over us (consider sharing examples).
- d. During this session, we are going to invite Jesus to show us what lies we’ve come to believe
 - (a) about us and (b) about him. Then:
 - i. We are going to break agreement with those lies in Jesus name.
 - ii. We are going to ask Jesus to exchange each lie for his truth and declare that out loud.
 - iii. Through this process, we are believing that the truth will set you free.
- e. Seek Agreement

3. Soul Ties

- a. A soul tie is an inordinate attachment we create with another person that limits our freedom.
- b. Whenever we give our heart to someone that does not deserve it, that person receives authority over us and we become tied to them.
- c. This happens through sexual activity outside of marriage, broken intimate relationships, unhealthy friendships, and if we give our heart to another. It can be with a person of the same or different sex.
- d. The good news is that through the power of the name of Jesus, we can break the bonds of our soul ties and the Lord can restore authority over our lives.
- e. During prayer, we are going to ask God to reveal any disordered soul ties, break them and pray for restoration of your freedom in Jesus.
- f. Seek Agreement

4. Freedom from Evil Spirits

- a. In order to make progress in the spiritual life, God wants us to be free from the influence of evil spirits that **may** be attached to us (emphasize may). Not everyone is under the influence of evil spirits.
- b. Sometimes we can knowingly or unknowingly open the door to the influence of evil spirits in our life.
- c. During prayer, either God will show you possible evil spirits influencing your life or we may discern the possible presence of an evil spirit oppressing you.
- d. If so, we are going to lead you through a simple deliverance prayer where you use your authority in Christ to command the evil spirit to leave you.
 - i. Consider sharing the following: **Luke 10:17 “The seventy-two returned rejoicing, and said, “Lord, even the demons are subject to us because of your name.” Jesus said, “I have observed Satan fall like lightning from the sky. Behold, I have given you the power ‘to tread upon serpents’ and scorpions and upon the full force of the enemy and nothing will harm you.”**

1. Jesus' name has the power to break the influence of evil spirits associated with unforgiveness and lies and close doors.
- e. If there is a demon operating, then it has to go. If we're wrong and there's no evil spirit, then nothing happens. We like to err on the side of your freedom.
- f. Remember that there is a difference between our deliverance prayers and prayers of exorcism: prayers of exorcism are liturgical prayers that can only be recited by a priest with proper permission.
- g. Prayers of deliverance are common prayers made in faith following Jesus' words in **Mark 16: "These signs will follow those who believe. In my name, they will cast out demons."**
- h. The key for us is being a 'believer' and praying 'in the name of Jesus.'
- i. Seek agreement

5. Hearing God

- a. In this session, it is not up to you to figure it all out. The context of this session is going to be a conversation with God. He is going to be the one revealing the people you need to forgive, the lies you've come to believe, the truth that will set you free and more!
- b. Our ability to hear God's voice comes from Jesus.
 - i. In Jn 10 Jesus said He is the good shepherd, that you are his sheep, and his sheep hear his voice!
 - ii. At Jesus baptism three things happen: Heaven opens, the Holy Spirit comes, and Jesus hears the Father's voice! This is so good! As Jesus lived under an open heaven, so do you!
 - iii. In Matt 7:7 Jesus said, "Ask and you shall receive."
What do we ask? Questions. What do we receive? Answers.
- c. We are going to have you ask Jesus direct questions outloud and report his answers.
- d. So, how do we hear His voice? People generally hear God's voice in four ways:
 - i. See it - in your imagination
 - ii. Hear it - voice in your head
 - iii. Feel it - your emotions and affections.
 - iv. Know It - the thought just comes to your mind.
- e. We want you to go with the first response that comes to you and report what you hear from God to us.
- f. Your responsibility: **Receive and Report**
 - i. You are like an announcer calling a game. Report what you see, hear, and feel from the Lord.

iii. Final Expectations

1. **Distractions:** During the session, it is not uncommon for people to experience different kinds of distractions such as headaches or pains in your body. If you experience any distractions during the session, please just pause and let us know.

2. **Holy Spirit Manifestations:** It is also not uncommon that people experience manifestations of the Holy Spirit in a powerful way. If during the prayer you experience anything like heat, tingling, or the weight of God's glory just let us know so that we can bless what God is doing..
3. **Memories:** if during the course of the prayer, God brings a **memory** from your past, please let us know right away so we can pray into it.
4. **Intercessor/Scribe:** Introduce your intercessor - let them know they will be covering us in prayer during the session. They will also be taking notes of the key truths that God tells you. These notes are going to be given to you and are necessary for your progress and healing after this session. We will explain the follow up process more at the end.
5. **Confidentiality:** It is important for you to know that every detail of this session is held in complete confidence and we want you to know you can trust us to honor you. If, however, we believe that you may be in danger or that you are potentially putting other people in danger, we are required to report instances of danger to our supervisors.
6. **Time Expectations:** Our total session time will go anywhere between 1.5 and 2 hours.
7. **Seek Agreement:** Does this sound good? Are we in agreement? Are you ready to pray?

Homework: In relation to the content in session 1, ask the Holy Spirit: Is there any bad fruit in my life that you want to address this quarter? Write down any revelation the Holy Spirit shows you. Then ask the Holy Spirit: "What good fruit do you have for me in exchange this quarter?" Write down what you receive here in your journal. Prepare to share what you received in your discussion groups next week.

Supplemental Reading: *Be Healed*, Chapter 2 and *Deliverance Handbook*, Chapter 2