

ENCOUNTER



— SCHOOL OF MINISTRY —

Intro & Overview

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Class 1 - Session 1

Q4. Inner Healing and Freedom

“Healing is an essential dimension of the apostolic mission and of Christian faith in general. It can even be said that Christianity is a "therapeutic religion, a religion of healing. When understood at a sufficiently deep level, this expresses the entire content of redemption.”

-Pope Benedict XVI

Strong's Definitions [?]

(Strong's Definitions Legend)

† σῶζω *sōzō*, sode'-zo; from a primary σῶς *sōs* (contraction for obsolete σάος *sáos*, "safe"); **to save**, i.e. **deliver** or protect (literally or figuratively):—**heal**, preserve, save (self), do well, be (make) whole.

1. **Salvation:** For the Son of man came to seek and to **save (sozo)** the lost. (*Luke 19:10*)
2. **Physical Healing:** And he said to her, “Daughter, your faith has **made you well (sozo)**; go in peace, and be healed of your disease.” (*Mark 5:34*)
3. **Freedom:** “Meanwhile, the eyewitnesses reported to them how the demon-possessed man was **delivered(sozo)**.” (*Luke 8:36*)

The entire work of redemption is summed up in one word: *salvation*. Salvation is God's work of healing us from the wounds of sin and death.

3 “He heals the brokenhearted, and binds up their wounds.” -*Psalms 147:3*

3 “Behold the dwelling of God is with men. He will dwell with them and they shall be his people, and God himself will be with them. 4 He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning nor crying nor pain anymore, for the former things have passed away.’ 5 And he who sat upon the throne said, ‘Behold I make all things new.’” -*Revelation 21:3-5*

8 “The reason the Son of God appeared was to destroy the works of the devil.”

-1 John 3:8

38 “...how God anointed Jesus of Nazareth with the Holy Spirit and with power; how he went about doing good and healing all that were oppressed by the devil.”

-Acts 10:38

Foundational Principle #1

Any method or tool of inner healing is only effective to the extent it fosters a relationship with Jesus the Healer

Foundational Principle #2

Since inner healing often requires us to confront emotional pain, inner healing can take time

Foundational Principle #3

Since all grace (and healing) comes to us in the form of mercy, forgiveness is essential to inner healing and freedom

5 Lies of Unforgiveness

1. Forgiveness means lowering my defenses so that I will be hurt again
2. Forgiveness means condoning what happened
3. Forgiveness means I need to be reconciled with the offender
4. I need to feel like forgiving in order to forgive
5. Forgiveness presupposes I must have hard feelings toward the one who hurt me

Healed people, heal people.
Are you willing to be healed?

Activation:
Lies against hope