

Opening stories

The centrality of healing to the Gospel

"Healing is an essential dimension of the apostolic mission and of Christian faith in general. It can even be said that Christianity is a "therapeutic religion, a religion of healing. When understood at a sufficiently deep level, this expresses the entire content of redemption." -
Pope Benedict XVI

Three dimensions of sozo

- a. *To save*

- b. *To deliver*

- c. *To heal*

Inner Healing

Freedom

The danger of substituting form/models for Jesus

5 Lies of Unforgiveness

1. Forgiveness means lowering my defenses so that I will be hurt again
2. Forgiveness means condoning what happened
3. Forgiveness means I need to be reconciled with the offender
4. I need to feel like forgiving in order to forgive
5. Forgiveness presupposes I must have hard feelings toward the one who hurt me

Expectations for the quarter