

If a person has a memory of an experience of being wounded that is causing them inner pain, consider leading them through the following prayer for Jesus to heal them of these wounded memories. This can come up during any part of the prayer. If a wounded memory surfaces, stop and lead them through this tool.

Prompt option: **Jesus, what memories from my past do you want to heal right now?**

1. **Enter in:** Invite them to let the memory come clearly into their mind like a movie. Have them ask: **“Jesus, where were you when this happened to me?”** Pause, and then ask them to share with you what they see in their imagination.
2. **Forgive:** Invite them to forgive anyone responsible: **“In the name of Jesus, I choose to forgive [_____] for [_____] [and I release her of all anger and bitterness in Jesus name].”**
3. **Identify:** “Jesus what lies did I come to believe from this experience?”
4. **Renounce Lie:** **“In the name of Jesus I renounce the lie that [_____]”**
5. **Exchange:** “Jesus what truth do you want to give me in exchange for these lies?”
 - a. Declare: **“In the name of Jesus, I declare the truth that [_____]”**
6. **Renounce** (optional: If you discern any evil spirits operating, invite them to renounce those spirits) **In the name of Jesus I renounce the spirit of [_____].**
7. **Prayer:** Lay hands and pray: **Father in the name of Jesus, I ask you to send your Holy Spirit to heal every emotion associated with this memory right now. I ask you to restore their heart and bring new life out of this memory in Jesus name.”**
8. **Re-interview:** Go back to the memory, what is the status? How does it feel to you?
 - a. If there is restoration and freedom, then praise and thank God!
 - b. If there is still bad fruit, go back into the memory and repeat.

If you are ending ministry here consider praying a ‘cleansing prayer’ over yourself/team.

Suggested Prayer: “Lord Jesus, thank you for sharing with us your wonderful ministry of healing and deliverance. Thank you for the healings we have seen and experienced today. We realize that the Sickness and evil we encounter is more than our humanity can bear, so cleanse us of any sadness, negativity or despair that we may have picked up. If our ministry has tempted us to anger, impatience or lust, cleanse us of those temptations and replace them with love, joy and peace. If any evil spirits have attached themselves to us or oppressed us in any way, we command you, spirits of earth, air, fire, water, the netherworld, or the satanic forces of nature, to depart - now - and go straight to Jesus to deal with you as he will. Come Holy Spirit: renew us - fill us anew with your power, your life and your joy. Strengthen us where we have felt weak and clothe us with your life. Fill us with life. Lord Jesus, please send your Holy Angels to minister to us and our families - guard and protect us from all sickness, harm and accidents. (Give us a safe drive home). We praise you now and forever, Father, Son and Holy Spirit, and we ask these things in Jesus’ Holy Name that he may be glorified.” Amen! (prayer by Dr. Francis McNutt)

Homework

Option 1: Using this tool, use the prompt option to go through these steps with a close friend or family member and lead them through the healing of a wounded memory. Write a short journal entry detailing the fruit.

Option 2: Using this tool in personal prayer, ask Jesus to heal a wounded memory. Incorporate two-way journaling through the process where you write questions to Jesus and write the answers you receive in your spirit. Bring your journal entry to discuss in class.