

Soul Ties

- Broken intimate friendships

- Broken Romantic relationships

Effects of Soul Ties

Breaking Soul Ties & Restoring Relationships

Tool - Breaking Soul Ties

- **Teach:** a soul tie is an inordinate attachment we create with another person that limits our freedom. We create soul ties when we give our hearts to other people that don't deserve them. We can have damaging soul ties with intimate friendships who reject us or through broken romantic relationships. Jesus wants us to be free. Through faith in the power of his name, Jesus can restore the authority that we've lost and we can regain our freedom to fully love. Does that sound good?
- **Direction:** we're going to have you ask Jesus to show you who you currently have harmful soul ties with. As you hear the names or see the faces, simply let me know the first names. Once Jesus shows you everyone, I will lead you in prayer to forgive each person and break the soul ties with them. If any harmful memories come to you, please be sure to let me know. [seek agreement]
- **Inquire:** Jesus, please show me the people I have soul ties with? (have them just say the names as they come to mind)
 - Scribe to write down names.
- **Prayer through each person:** *In the name of Jesus, I forgive _____ for _____. In the name of Jesus, I break my soul tie with _____. I take back the authority I gave to them and what they took from me. I wash our history in the blood of Jesus. Father God, I ask you to bless them lead them to repentance and conversion.*
- **Check in:** How do you feel? Do you feel like there's any other soul ties that have come up?

Breaking Walls tool: Purpose

Tool - Breaking Walls

- **Teach:** Just like the people of Jericho built strong walls to keep God's people out, God tore down the walls. In the same way, in our weakness and lack of trust, we too can build walls that keep God's presence from totally penetrating our lives. Often times, we don't even know that we're building walls in the first place and we put them up to try to protect ourselves. In trying to protect ourselves and maintain control over our lives, our walls can shut God out.
 - **Jesus, is there a wall between us?** [if yes, then we continue.]
 - **What does the wall look like?** [they should describe what it looks like, can they still see Jesus through the wall in any way?]
 - **Jesus, how did this wall get here?** [they should listen to Jesus' voice to know the causes of this wall in their life.]
 1. If they mention a memory, then go to healing wounded memories tool.
 - **Jesus, is it safe for this wall to come down?** [If yes, continue. If no, say a prayer of protection and move on.]
 - **Jesus, what do I need to do to bring this wall down right now?** [encourage freedom. Some might be prompted by the Lord to make interior movements of prayer (surrender, worship, repentance, etc) while others might be prompted to do something exteriorly (stand and praise, dance, shout, etc).]
 1. Forgive any people involved in putting it there.
 2. Identify & renounce any lies involved.
 3. Declare any truth.
 4. **Optional: Jesus, what tool do you want to give me to break down this wall?** [If Jesus gives them a tool, invite them to use it]
 - **"Is the wall down? Can you see Jesus?"** [If yes, then we have them thank Jesus. Sometimes the walls partially come down or still remain completely. We invite those who sense that there is more work to be done to continue to ask Jesus what needs to happen for the walls to come down. We will close with a call to persevere in prayer. The promise is ALWAYS breakthrough!]

Homework:

Option 1: Using these tools, go through these steps with a close friend or family member and lead them through the breaking soul ties and breaking walls. Write a short journal entry detailing the fruit.

Option 2: Using these tools in personal prayer, ask Jesus to reveal and break soul ties and walls. Incorporate two-way journaling through the process where you write questions to Jesus and write the answers you receive in your spirit. Bring your journal entry to discuss in class.